



**D. GOENKA  
SCHOOLS**

# KINDER GARTEN

**HOLIDAY  
ENGAGEMENT**



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WHERE ART MEETS TECHNOLOGY

## GOENKAN HOLIDAY ENGAGEMENT CLASS KG 2022-23



Summer holidays, time to have fun,  
Relax, play with friends and also learn!

Time to bond with grandparents too,  
Be a helping hand at home, that's what you should do!

Let's Learn new skills, create, read and write,  
Do it yourself, you are responsible and bright!

Little Goenkans - soar high,  
**Higher, Stronger, Brighter** - you'll touch the sky!!

**Dear Parents,**

With the summer temperatures soaring high, children look forward to vacation when they can relax , play with friends, travel and spend undivided time with family.

To ensure that the children stay safely indoors and have a constructive downtime - Goenkan Holiday Engagement has been designed. The mini projects will certainly keep the children active, observant and occupied.

The projects are an excellent way to build 21st century skills; Collaboration, Effective Communication, Creative & Critical Thinking and eventually allow them to be an aware Global Citizen. They are age - appropriate in nature and are an extension of the skills learnt at school. The teachers have explained them to students, nevertheless, we urge you to guide and encourage your child to do them independently.

We also request you to compile the projects and worksheets in a folder. We will be very happy to review them, display them and discuss them in class once children are back.

Eat well, sleep well and stay happy! See you soon!

Regards,

Ms S. Luther

Principal

**DAY 1**

**Story Time is the best way to develop Communication Skills.**

- Read a story to the child.
- Let the child talk about the pictures.
- On **Record sheet 1** the child will draw his favorite character in simple drawing and talk about it.

**DAY 2**

**Because you care: Plant a tree.**

- In a small pot sow a few chickpea, peas seeds.
- Take care of your plant by watering it every day and giving it enough sunlight.
- Now observe your plant growing everyday and measure its growth once a week with the help of mauli thread.
- Week one, after the sowing, measure the plant with the help of mauli thread, cut it and paste it on **Record sheet 2**.
- Do the same every week and observe the graph of your plant's growth.
- Also observe, shape and size of leaves and draw inferences of your plant in the same **Record sheet 2**.



**DAY 3**

**Activity 1**

**Family Motto: Staying Fit, healthy and happy together to develop your Gross Motor skills.**

- As a family, start your mornings with exercises to energize your day: do yoga and breathing exercises.
- Yoga Poses such as: Standing forward bend, Mountain pose, Butterfly Pose, Baby pose, Savasana.
- Breathing Exercises such as: Simple breath in and breathe out, Alom-Vilom, Bumble Bee Breaths etc.
- In **Record sheet 3** tick mark in front of the yoga poses, what all yoga poses and breathing exercises you performed every day.



**Activity 2**

हिन्दी में गिनती करना सीखें

- १-एक
- २-दो
- ३-तीन
- ४-चार

**Puzzle game:**

- Refer to **Record Sheet4**, cut all the boxes given on the **Record Sheet4**.
- Paste them on a hard base sheet to make flashcards.
- Game1: Jumble up all the flashcards together and now the child will do sorting of numbers.
- Game2: Jumble up all the flashcards again, ask the child to sort and match all the same values cards together. (Hindi+english +value)
- Game3: Jumble again, now arrange them all in the correct sequence.

**DAY 4**

**Activity 1**

**Be independent: Enhance your Life skills by following good habits.**

- Brush Your teeth, Learn how to squeeze out the toothpaste from the tube and observe the quantity used. Be kind to the Earth, don't waste toothpaste and conserve water.
- Clean Up Time: extend a helping hand in keeping your house clean. Place your toys in their place, arrange your stationery, and keep your room clean.
- Learn and help to set the dining table.
- Refer to **Record Sheet 5**, talk about the activities shown and colour all the pictures.

**DAY 4**

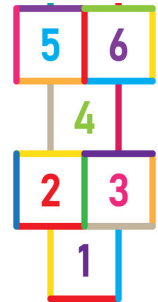
**Activity 2**

**Let's have fun with Family & Friends with collaboration to enhance Gross Motor skills.**

**Hopscotch**

How to play:

1. Draw a Hopscotch court with 6 squares and write the numbers as shown.
2. Each player will be ready with the printout of **Record Sheet 6** to mark their wins.
3. One player goes at a time.
4. Roll the number dice.
5. Reach to the number that comes on the dice by hopping on one leg on a single square and land with two feet where two squares are next to each other (one foot in each square).
6. When you reach the number do the actions instructed with each number, turn around and continue hopping back in the same way.
7. If you reach back without falter mark your win with a smiley on your **Record Sheet 6**. The next player goes.
8. If you touch a line at any point, your turn is over and the next player goes.
9. The player to get 6 smileys first in the sheet will be the King/Queen of Hopscotch.
10. Actions to do with each number:
  - 1- Hop 1 time
  - 2- Jump 2 times
  - 3- Stomp your feet 3 times
  - 4- Clap 4 times
  - 5- Stomp your feet 5 times
  - 6- Say counting 1-10



**DAY 5**

**I am aware.**

**Activity**

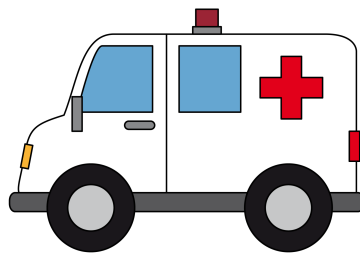
- With your parents help learn your home address.
- Learn the phone numbers of each family member.
- Also learn some emergency vehicles numbers:

Ambulance - 102

Fire Brigade - 101

Police - 100

- Refer to **Record Sheet7**



**DAY 6**

**Activity**

**COLOUR PLAY: Helps in development of Communication and Fine Motor Skills.**

- Take different colors such as red, yellow and blue.
- The child will mix any two colors and will explore making new colors using those colors.
- In **Record Sheet 8**, the child will fill the 1st color using fingers in circle 1 and 2nd color in circle 2. Then the child will mix both the colors in the middle circle.
- After creating a new color the child will think and draw something related to that color In **Record Sheet 8**.

## GOENKAN HOLIDAY ENGAGEMENT CLASS KG (2022-23)



### DAY 7

#### Activity

**Snowball Shooting: A fun game to develop Fine and Gross Motor Skills and Estimation skills.**

- Make some paper balls with newspapers.
- Take an empty cardboard box and place a number from 0-9 on it.
- From a distance, aim at the box with the number of balls written on it.
- Change the number and your position accordingly.
- Record your achievements in **Record Sheet 9**.

### DAY 8

#### Activity

**Imbibing the feeling of a Good Citizen.**

Every day is Earth Day. Reduce, Recycle, Reuse.

- Make a bird feeder from any pre use article and place it in your balcony or in your surroundings.
- Make sure to refill it with water and seeds for birds daily.
- Record your observations in **Record Sheet 10**.



## GOENKAN HOLIDAY ENGAGEMENT CLASS KG (2022-23)



### DAY 9

#### Activity

#### Be Kind in 2022

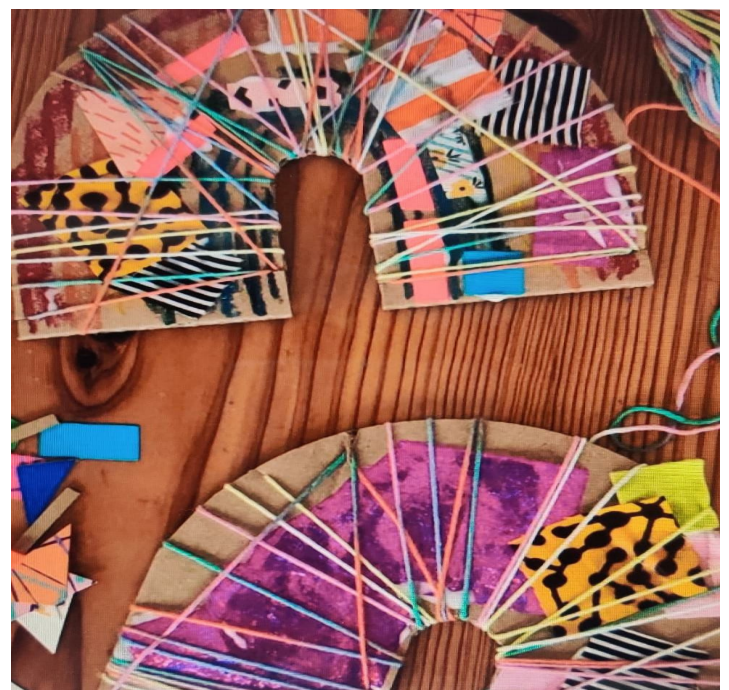
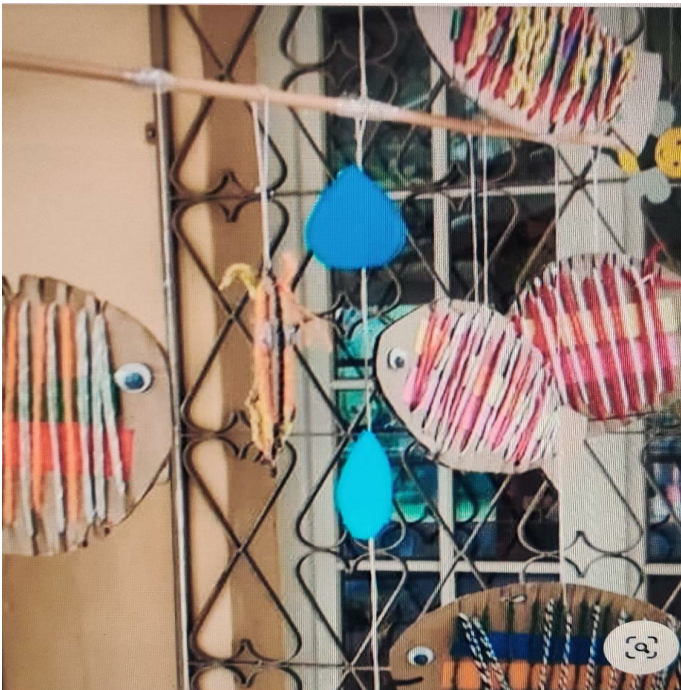
- Donate Something to your community helpers, such as books, stationary, clothes, food items, any other item.
- Tick mark your donations in **Record Sheet 11**.

### DAY 10

#### Activity

#### My creative hands to enhance Fine Motor Skills.

- Cut the pictures given in **Record Sheet 12**.
- Paste each picture on the card board sheet.
- Put cut marks as shown in the pictures.
- Child will wrap these templates with the help of colourful threads.





**NAME** \_\_\_\_\_ **CLASS - KG** **DATE** \_\_\_\_\_

**Record sheet 1**

**Story time**

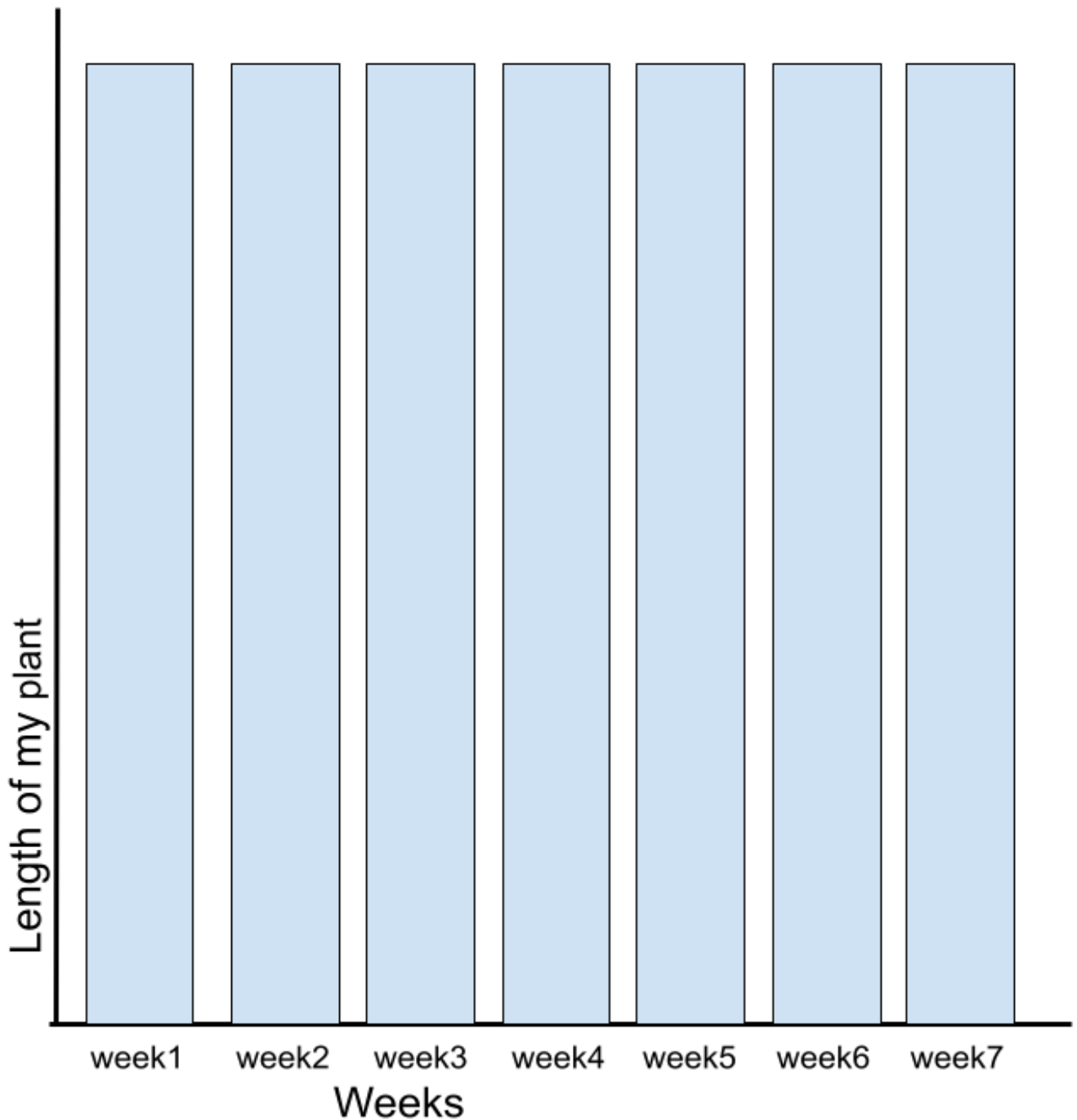
**Draw your favourite character.**



NAME \_\_\_\_\_ CLASS - KG DATE \_\_\_\_\_

Record sheet 2

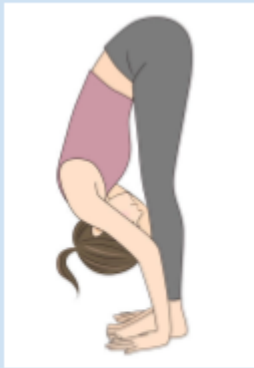
Grow my plant



NAME \_\_\_\_\_ CLASS - KG DATE \_\_\_\_\_

Record sheet 3

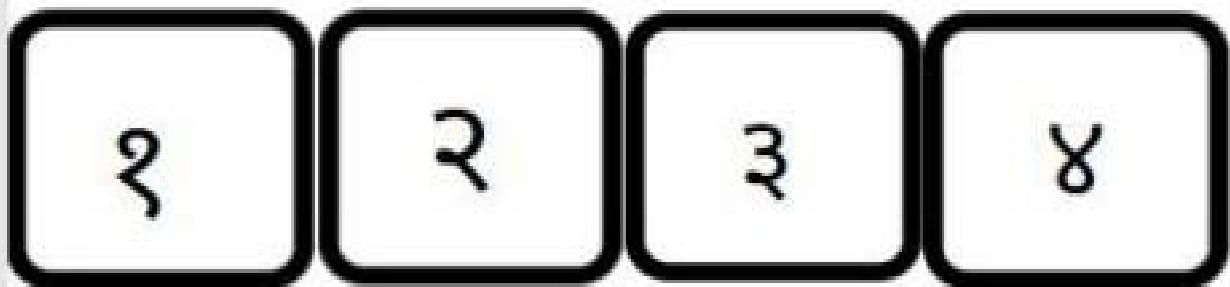
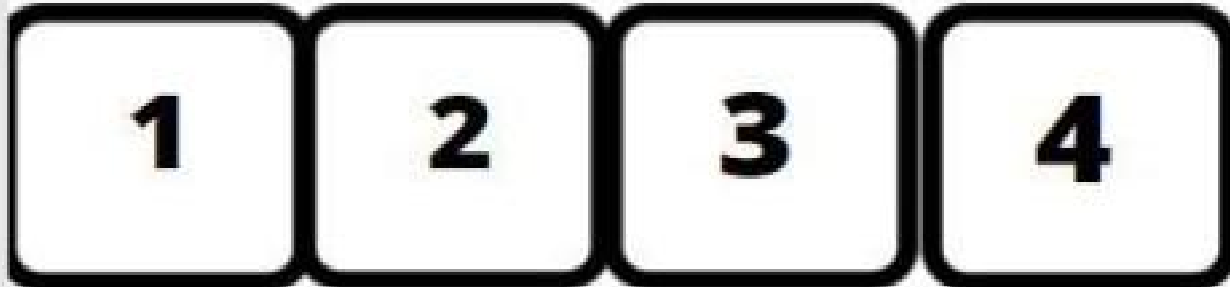
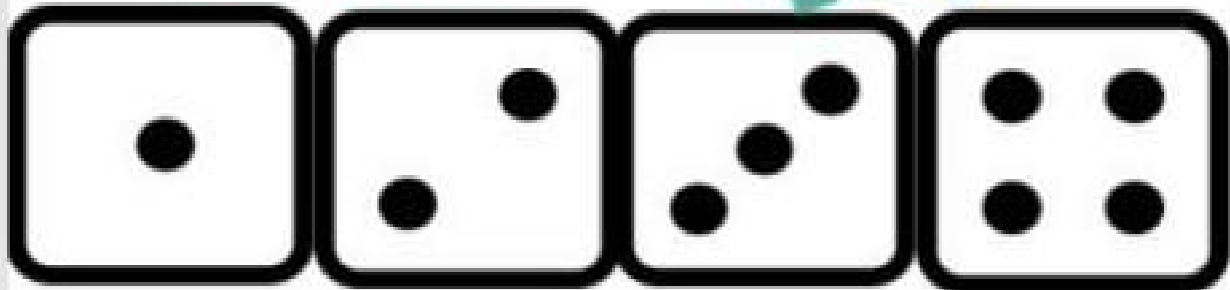
## Family Motto: Our Fitness

Yoga Poses	Done	Yoga Poses	Done
<b>Standing Forward Bend</b> 		<b>Mountain Pose</b> 	
<b>Butterfly Pose</b> 		<b>Baby Pose</b> 	
<b>Shavasana</b> 		<b>Breathing Exercises</b>	

## G.D.GOENKA SCHOOL

NAME \_\_\_\_\_ CLASS - KG DATE \_\_\_\_\_

## Record Sheet 4

PUZZLE  
GAME**Ek**

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**Do**

दो

**Teen**

तीन

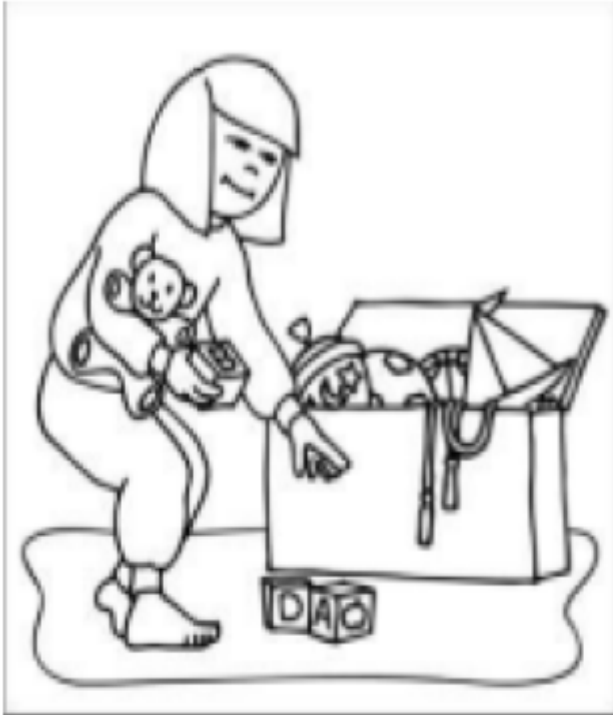
**Chaar**

चार

NAME \_\_\_\_\_ CLASS - KG DATE \_\_\_\_\_

Good Habits: Colour the pictures.

Record Sheet 5



NAME \_\_\_\_\_ CLASS - KG DATE \_\_\_\_\_

Hopscotch

Record Sheet 6.



NAME \_\_\_\_\_ CLASS - KG DATE \_\_\_\_\_

I am aware !

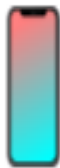
Record sheet 7



Address

\_\_\_\_\_  
\_\_\_\_\_

Phone Numbers



Mother

\_\_\_\_\_



Father

\_\_\_\_\_



Ambulance

\_\_\_\_\_



Fire Brigade

\_\_\_\_\_



Police

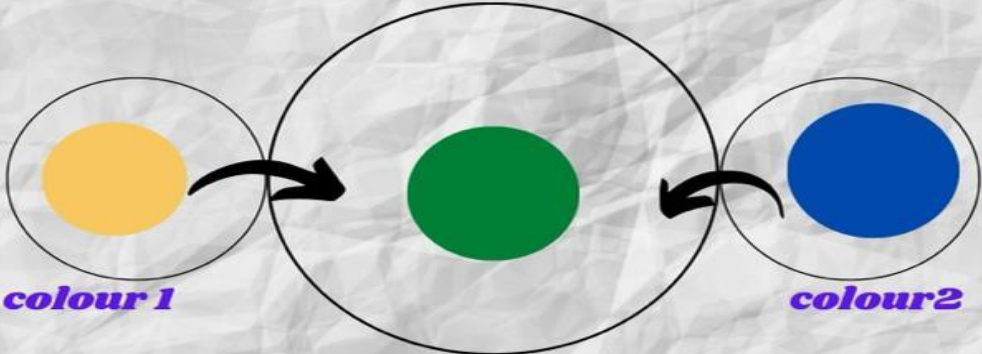
\_\_\_\_\_



NAME \_\_\_\_\_ CLASS - KG DATE \_\_\_\_\_


Record sheet 8

# Colour Play



*colour 1*      *new colour*      *colour 2*

**NOW LET'S DRAW AN IMAGE WITH THE NEW COLOUR**



NAME \_\_\_\_\_ CLASS - KG DATE \_\_\_\_\_

Record Sheet 9



# Snowball Shooting



Color the number of thumbs equals to the chances it took you to aim



NAME \_\_\_\_\_ CLASS - KG DATE \_\_\_\_\_

I am a good citizen

Record sheet 10



**Draw your bird feeder**

1. Did birds really come? Yes or No




2. How many birds came? \_\_\_\_\_

3. For how many days birds came? \_\_\_\_\_

NAME \_\_\_\_\_ CLASS - KG DATE \_\_\_\_\_

Be Kind

Record Sheet 11

Name of Item	Yes	No
<p>Toys</p> 		
<p>Food</p> 		
<p>Clothes</p> 		
<p>Stationery</p> 		
<p>Any other</p>		

NAME \_\_\_\_\_ CLASS - KG DATE \_\_\_\_\_

My creative hands

Record Sheet 12

